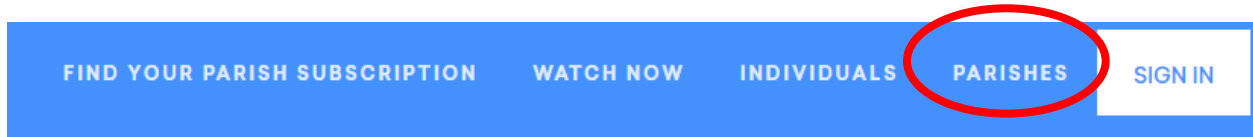
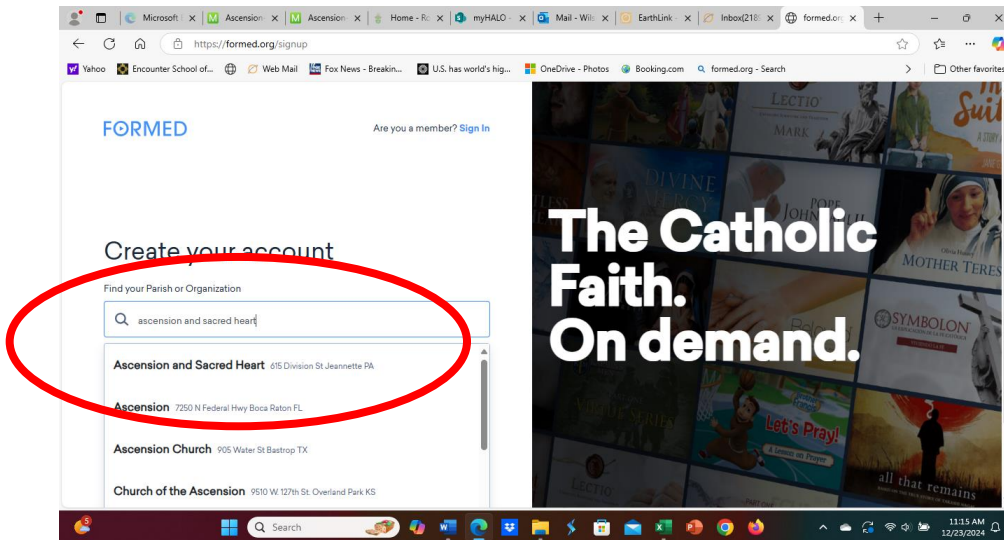


Formed Instructions

- 1). Go to the web site, <https://formed.org/>
- 2). Go to “Parishes”

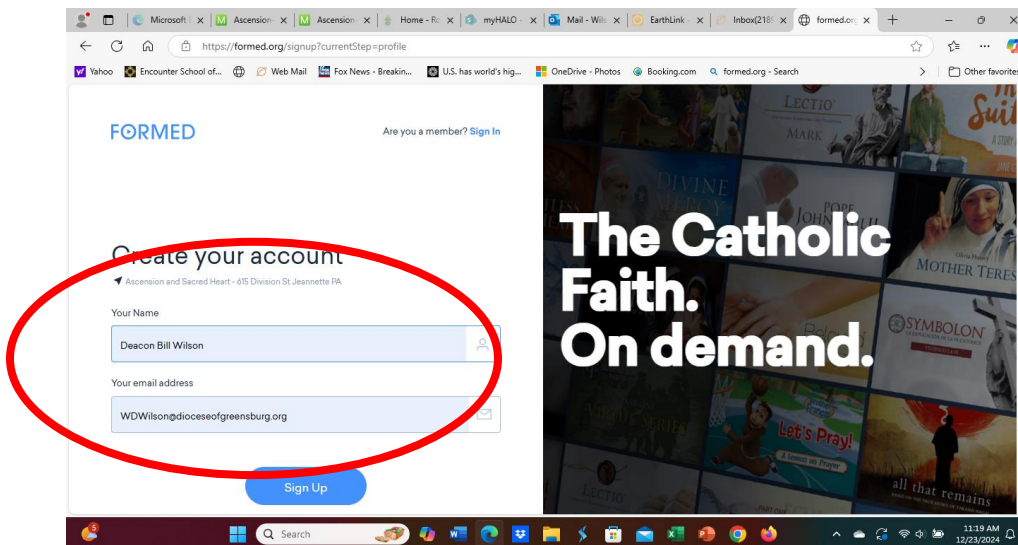


- 3). For Parishes, select Ascension and Sacred Heart



- 4). Click on Ascension and Sacred Heart and then click next.

- 5). Enter your name and email to create your account.



- 6). Click sign up and you will receive an email to access.

- 7). Enjoy the quality resources !